



# All Dermatology

ARROWHEAD · BILTMORE/ARCADIA · SURPRISE

## Surgery Pre-Operative Patient Instructions

Your provider has recommended you have surgery for your skin condition. This surgery is done in one of our clinics by our specialty trained provider as an out-patient procedure.

We know that any surgery can be a stressful and we want it to go as well as possible for you. Here are some things to know before your appointment to make things go as smoothly as possible.

- On the day of your surgery please plan to arrive about 15 minutes prior to your appointment to assure time to update any of your medical or insurance information. Contact our office immediately if you will be delayed.
- If you are unexpectedly delayed for your appointment, please let us know immediately. We will make every effort to accommodate you or reschedule you if necessary.
- If you normally wear makeup in the area of your surgery, please do not wear any makeup on the day of your procedure or arrive early enough to allow time to remove it. We can provide you with cleansers and clothes to wash the area.
- **Wear comfortable, loose fitting clothing.** Wear a shirt that buttons up or slips over your head easily if your surgery is anywhere on your face or neck area.
- You may take all your regular medications on the day of your surgery.
- **If you take aspirin or blood thinners, you should continue taking them** unless you have been specifically instructed otherwise by our nurse or doctor.
- Most procedures are done using aseptic or clean techniques. Prophylactic antibiotics **are not** typically needed. If you do require pre-procedure antibiotics or other medications, please take them as instructed by your physician or let us know several days in advance so that a prescription can be written and filled.
- We recommend you eat your regular meals on the day of your surgery.
- All dermatology surgeries in our practice are done under local anesthesia. No general anesthesia or conscious sedation is used. You will be awake and alert throughout the procedure and **most patients are able to drive themselves home after the procedure.**
- If your surgery is particularly extensive, if you have any physical limitations, or, if you feel more comfortable, please arrange for someone to bring you and take you home after the surgery.
- You may have someone accompany you for support if you like, but please be willing to let them wait in the waiting area.

We look forward to seeing you and will make every effort to make you comfortable before, during and after your surgery.

**If you have any questions or concerns prior to your Mohs procedure, do not hesitate to call our office.**

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